

Lewis J. Kass, M.D.
Westchester Pediatric Pulmonology and Sleep Medicine
103 South Bedford Road, Suite 111
Mount Kisco, New York 10549
Tel 914-242-0445 Fax 914-242-5998

Private Practice

103 South Bedford Road, Suite 111
Mount Kisco, NY 10549
March 2005 to present

Pediatric Sleep Director

Sleep Disorders Center at Norwalk Hospital
Norwalk, CT
March 2005 to present

Honorary Police Surgeon

New York City Police Department
May 2007 to present

Hospital Affiliations

Lawrence Hospital Bronxville, NY
Northern Westchester Hospital Mount Kisco, NY
Norwalk Hospital Norwalk, CT
White Plains Hospital White Plains, NY

Academic Appointments

Albert Einstein College of Medicine
Children's Hospital at Montefiore
Section of Respiratory Medicine
Director, Pediatric Sleep Center
Bronx, New York
Assistant Professor of Pediatrics
June 2002 to March 2005
The Lewis M. Fraad Award for Excellence in Teaching
2002-2003
Search Committee for medical student enrollment and pediatric
Search residency program
2003-2005

Yale University School of Medicine
New Haven, CT
Clinical Instructor, Dept. of Pediatrics
July 1999 to June 2000
Assistant Professor, Dept. of Pediatrics
July 2000 to June 2002
Director, Pediatric Sleep Laboratory
July 1999 to June 2002

Elmhurst Hospital Center of the Mount Sinai School of Medicine
Queens, New York
Assistant Attending Physician
Coordinator, medical student education
July 1995 to June 1996

Post-Doctoral Training

Yale University School of Medicine
New Haven, Connecticut
Fellow, Department of Pediatrics, Section of Respiratory Medicine
July 1996 to June 1999

State University of New York, Children's Medical Center of Brooklyn
Brooklyn, New York
Chief Resident, Pediatrics, July 1994 to June 1995
Resident, Pediatrics, July 1991 to June 1994

Education

S.U.N.Y. Health Science Center at Brooklyn
Brooklyn, New York
1987 to 1991

M.D., May 1991

Brooklyn College of the City University of New York
Brooklyn, New York
1984 to 1987

Bachelor of Arts, Psychology, June 1987

Magna Cum Laude

Dean's List, 1984-1987

Educator Activities

Interviews and public appearances, 1999-present

New York Times (3/30/04), USA Today (1/9/05), Time Magazine (1/17/05), ePregnancy Magazine, Parents Magazine, Keeping Kids Healthy (PBS TV), ABC, CBS and NBC local news

Clinical Tutor, Yale University School of Medicine

Patient interviewing and physical diagnosis course for first and second year medical students

July 1997 to June 2002

Course Director, Symposium,

Sleep Medicine: An Update for Primary Care Providers, Pediatricians, and Family Physicians

Mashantucket, Connecticut, September 2000

Invited Speaker

Pediatric Grand Rounds at Greenwich Hospital
Greenwich, CT, March 2001

Alumni Day at the Children's Hospital at Montefiore
Bronx, NY, October 2002

Pediatric Grand Rounds at Jacobi Hospital
Bronx, NY, November, 2002

Pediatric Grand Rounds at Phelps Hospital
Sleepy Hollow, NY, December 2002

Pediatric Grand Rounds at Children's Hospital at Montefiore
Bronx, NY, January 2003

Pediatric Grand Rounds at Elmhurst Hospital
Queens, NY, April 2003

Pediatric Grand Rounds at SUNY Downstate Medical Center
Brooklyn, NY, February 2005

Connecticut ENT Society Symposium on Sleep Apnea
Plantsville, CT, October 2005

New York State Nurses Association-Pediatric Sleep Disorders
Sleepy Hollow, NY September 2006

Board Certification

General Pediatrics, 1995-2002, 2002-2009

Pediatric Pulmonology, 2004-2011

Bibliography

Kass LJ. Pediatric Sleep Problems. Pediatrics in Review. December 2006.

Kass LJ. Opening a pediatric Sleep Lab in Inner-City, New York City Identifies Significant Numbers of Children with Previously Unrecognized Obstructive Sleep Apnea Hypoventilation Syndrome. (Abstract presented at The American Thoracic Society Conference, May 2004).

Silver EJ, Kass LJ, Benenson B, Stein REK. Which Children With Disturbed Sleep Have Behavior Problems? Pediatric Research. PAS Abstract Supplement, April 2004

Needleman JP, Kass LJ, Matta E. Cardiopulmonary exercise testing in children with asthma who complain of exercise symptoms despite therapy. (Abstract presented at The American Thoracic Society Conference, May 2004).

Rosen C, Kass LJ, Haddad GG. Obstructive Sleep Apnea in Children. Chapter in the Nelson Textbook of Pediatrics, 2003

Kass LJ, Kennan RP, Haddad GG, Novotny EJ. Moderate to severe obstructive sleep apnea in children affects changes in regional cerebral blood flow during REM sleep. (Abstract presented at Society for Neuroscience meeting, November 2001)

D'Ambrosio CM, Kass LJ, Rosen CL. Contribution of end-tidal CO₂ to diagnosis of obstructive sleep apnea hypoventilation syndrome in children. (Abstract presented at 1999 American Thoracic Society meeting).

Kass LJ, Bazy AR. Chronic hypoxia modulates diaphragm function in the developing rat diaphragm. *J Appl Physiol* 90:2325-2329, 2001.

Kass LJ, Douglas RM, Bazy AR. P/Q-type calcium channel protein in the rat diaphragm neuromuscular junction decreases with age. *Am J Resp Crit Care Med* 159:A580, 1999.

Kass LJ, Apkon M. Inhaled nitric oxide in the treatment of hypoxemic respiratory failure. *Current Opinions in Pediatrics* 1998, 10:284-290.

Memberships

American Academy of Pediatrics
 American Academy of Sleep Medicine
 American Medical Association
 American Thoracic Society